We are thrilled to announce that Intrahepatic Cholestasis of Pregnancy now has an official ICD-10 diagnosis code. This achievement would not have been possible without the support of ACOG and the dedication of the ICP Care community.

Laura Bonebrake MD, FACOG
MEDICAL ADVISORY BOARD PHYSICIAN
ICP Care

We enthusiastically announced the launch of the ICP International Patient Registry. A vital part of a nationwide effort to enhance research. Each person has a unique experience that is a priceless contribution to paving the way for improved treatments and care.

Donna Benavides Board Chair Founder ICP Care
# TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mission</td>
<td>3</td>
</tr>
<tr>
<td>Board of Directors</td>
<td>4</td>
</tr>
<tr>
<td>2023 At a Glance</td>
<td>5-6</td>
</tr>
<tr>
<td>Community Speaks</td>
<td>7-8</td>
</tr>
<tr>
<td>Celebrate Our Progress</td>
<td>9</td>
</tr>
<tr>
<td>Patient Registry Stats</td>
<td>10-12</td>
</tr>
<tr>
<td>June Awareness Month</td>
<td>13</td>
</tr>
<tr>
<td>ICD-10 Code Implemented</td>
<td>14</td>
</tr>
<tr>
<td>Our Impact</td>
<td>15-18</td>
</tr>
<tr>
<td>Ambassador Team</td>
<td>19</td>
</tr>
<tr>
<td>Raising Awareness</td>
<td>20</td>
</tr>
<tr>
<td>Rare Disease Month</td>
<td>21</td>
</tr>
<tr>
<td>Capitol Hill Advocacy</td>
<td>22</td>
</tr>
<tr>
<td>Financials</td>
<td>23</td>
</tr>
<tr>
<td>Contribute to save lives</td>
<td>24</td>
</tr>
</tbody>
</table>
OUR MISSION

ICP Care’s mission is to provide patient support and education, raise public awareness, support the advancement of research and improve health care practices. ICP Care helps to connect, support, educate and empower those affected by ICP – Intrahepatic Cholestasis of Pregnancy.
FEBRUARY
- Booth presence at the Maternal Fetal Medicine's 43rd Annual Pregnancy Meeting speaking to MFM's and spreading awareness of #Cholestasis of #Pregnancy and distributing educational materials along with ICP Patient registry information.
- Rare Liver Disease Month, ICP Care team members speak about the impact advocacy has for ICP, the effect on parents and partners and the provider perspective with the Global Live Institute

MARCH
- Launch of the international ICP Patient Registry

APRIL
- 3rd Annual Silent Auction Awareness Event

MAY
- Launch Español Facebook Page and Instagram for ICP Care

JUNE
- ICP Awareness Month, 7th annual ICP Walk Run to fight the itch event, 9th Annual June 10 ICP Awareness Day.
- Donna Benavides, ICP Care Founder / Executive Director featured article American Liver Foundation
2023 At a Glance

AUGUST/SEPTEMBER

- ICP Patient Registry chart results shared on the Initial Cholestasis of Pregnancy Diagnosis, Itching During ICP and Itching After ICP.

OCTOBER

- Awareness campaign for October Pregnancy and Infant Loss Awareness Month, Erin’s shared story and Emily’s video

- A3 experience scholarship given to ICP Care by Global Liver Institute bringing liver diseases advocates to share their story at Capital Hill in DC. Board members shared our Cholestasis of Pregnancy voices to be heard to state health representatives sharing both healthy outcomes and stillbirth from ICP.

- ICP Care’s efforts helps get Official ICD-10 Diagnosis

NOVEMBER

- ICP Care received the 2023 top rated badge from GreatNonprofits.

DECEMBER

- ICP Care earned the Platinum Seal of Transparency with Guidestar/Candid.
The ICP Care website was an amazing source of information and the support group community a source of wonderful comfort. I was able to advocate for myself and my OB agreed to test my bile acids. I was diagnosed with Cholestasis of Pregnancy when I was about 29 weeks pregnant.

~ Michaela

The ICP Care Facebook support group connected me to a real life friend who I didn’t know had Cholestasis of Pregnancy. She helped me get diagnosed. The support group is amazing.

~ Katie
I have three boys who are thriving now at ages 8, 6 and 4 and I had ICP with all 3 pregnancies. The website icpcare.org I used a lot when I was pregnant and I made an ICP friend through the support group. We are still friends to this day. I am so grateful for your resources.

~ Sarah
Celebrate Our Progress

2023 Top-Rated Nonprofit from Great Nonprofits

Platinum Transparency with Guidestar/Candid

Platinum Transparency 2023

Candid.
The registry is an online collection of information submitted by patients who have had a pregnancy affected by Intrahepatic Cholestasis of Pregnancy.

This will allow the collection of a large population of patients with this disorder in order to partner with researchers to study optimal treatment and prevent complications such as stillbirth.

Strength can be found in numbers. Cholestasis of Pregnancy (ICP) is a rare disorder and we need your voice in our Patient Registry to help researchers improve understanding and treatment of this disease. Add your voice to be the change for the future of ICP care.
International Patient Registry

First ICP Registry Statistics Reported in August 2023

Initial Cholestasis of Pregnancy Diagnosis

- Less than 20 weeks (6.5%)
- 20-28 weeks (22.5%)
- 28-32 weeks (19.25%)
- 32-34 weeks (18.25%)
- 34-36 weeks (18.25%)
- Greater than 36 weeks (14%)
- Unknown (1%)

Itching After Cholestasis of Pregnancy

- No (42.5%)
- During my Menstrual Cycle (21.25%)
- Irregular Itching (less than 3x’s a year) (6.25%)
- Irregular Itching (several times a year) (28.75%)
- Unsure (1.25%)
ICP CARE  JUNE 2023

INTRAHEPATIC CHELOSTASIS OF PREGNANCY AWARENESS MONTH

ICPCARE.ORG WEBSITE VISITORS

28K

SOCIAL MEDIA

62,000+ accounts reached

260% increase

THANK YOU

for participating and spreading awareness

JUNE 10TH ICP AWARENESS DAY

32,000 accounts reached

425 SHARES

https://icpcare.org

JUNE 2023

2023 ANNUAL REPORT 12
ICP Care and American College of Obstetricians and Gynecologists – ACOG successfully petitioned the CDC to update the ICD-10 coding system that doctors use in medical charts. Prior to this, Cholestasis of Pregnancy was simply diagnosed as “Liver condition in pregnancy”.

AS OF OCTOBER 1, 2023

Patient’s medical charts can now represent an accurate diagnosis of Intrahepatic Cholestasis of Pregnancy!
ICP Care Board Members Donna Benavides, Amparo Healey and Dr. Laura Bonebrake at The Society for Maternal Fetal Medicine’s 43rd Annual Pregnancy Meeting speaking to Maternal Fetal Medicine specialists and distributing ICP educational brochures. The ICP Patient registry QR code cards were distributed to invite the MFM patients to participate.

Pictured top left: Medical Advisory Committee member Dr. Jonathan K. Mays, board-certified maternal-fetal medicine specialist and ICP Care Founder / Executive Director, Donna Benavides
COMMUNITY CONVERSATIONS

CONVERSATION TOPICS

- 5 Main things to know about Cholestasis of Pregnancy
- All About Ursodiol Treatment
- Optimizing Nutrition
- Conversación de los ácidos biliares (Español – ICP Community conversation)

2023 ANNUAL REPORT 15
WEBSITE VISITORS

Over 335,000 views
167,578 visitors
With over 190,000 of those being first time visitors
EDUCATIONAL BROCHURES

Diagnosis & Treatment Flowchart → 2259
Patient Brochure → 1945
Healthcare Provider Brochure → 966
Infographic → 911
Considerations After Pregnancy Brochure → 321

BROCHURE DOWNLOADS

MORE THAN
6000
EDUCATIONAL BROCHURES DOWNLOADED
Facebook Support Groups: OVER 29,500 Members
- 18,300 Public Support Group
- 7,000 Spanish Support Group
- 3,000 After Pregnancy (Postnatal Group)
- 1090 Combined ICP International Groups
- 50 State Support Groups

Facebook Page: 7,900 Followers

Instagram: 5,060

Pinterest: 770

Twitter: 992

Youtube: 510

Video views to date: 58,500
14 AMBASSADOR TEAM MEMBERS

Our ambassadors are powerful advocates for the cause and are committed to helping save the lives of ICP babies across the U.S. and the world.

Become an Ambassador to help raise awareness about ICP

APPLY HERE
Early Onset Intrahepatic Cholestasis of Pregnancy

- 14 Ambassador Team Members
- 3,500 Volunteer Hours
- 22 Shared Stories
- 15 Educational Images & Reels

IN THE NEWS

"My journey with ICP inspired me to help others.”
Donna Benavides - Founder, ICP Care

Support for Mothers Affected by ICP

Featured article American Liver Foundation
A Disease is RARE when it affects fewer than 1 in 2,000. In the USA 1 to 2 pregnancies in 1,000 is affected by Intrahepatic Cholestasis of Pregnancy.

- Patient Advocacy: Donna Benavides, ICP Care Founder on the critical role patient advocacy has on improving the landscape for Rare Disease
- Parents & Partners: Guadalupe Manrique, PA Ambassador
- Provider Perspective on Patient Access: Laura Bonebrake, Medical Advisory Board OBGYN
Gratitude for the moments shared with some of our dedicated ICP Care team members at the A3 Experience giving us a scholarship to attend by Global Liver Institute.

The experience was inspiring, emotional and supportive together as we meet advocates with chronic liver disease to liver transplant survivors!

We shared our Cholestasis of Pregnancy story on Capitol Hill in Washington DC. to state representatives to improve and implement positive changes to the lives of people with liver disease and all organ transplant patients.

This is just the beginning of more life-saving work we continue for Cholestasis of Pregnancy.
## Expenses

<table>
<thead>
<tr>
<th>Expenses</th>
<th>Amount</th>
<th>Total %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Research</td>
<td>$16344</td>
<td>39%</td>
</tr>
<tr>
<td>Awareness</td>
<td>$10,021</td>
<td>24%</td>
</tr>
<tr>
<td>Healthcare Conferences</td>
<td>$7,487</td>
<td>18%</td>
</tr>
<tr>
<td>Management</td>
<td>$5,164</td>
<td>12%</td>
</tr>
<tr>
<td>Office &amp; General</td>
<td>$1,493</td>
<td>4%</td>
</tr>
<tr>
<td>Fundraising</td>
<td>$914</td>
<td>2%</td>
</tr>
</tbody>
</table>

## Contributions

<table>
<thead>
<tr>
<th>Contributions</th>
<th>Amount</th>
<th>Total %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contributions</td>
<td>$9,923</td>
<td>37%</td>
</tr>
<tr>
<td>Fundraising Events</td>
<td>$9,327</td>
<td>35%</td>
</tr>
<tr>
<td>Grants</td>
<td>$5,000</td>
<td>19%</td>
</tr>
<tr>
<td>Other</td>
<td>$2,549</td>
<td>10%</td>
</tr>
</tbody>
</table>

Total income $26,799

2022 Year End Balance Revenue $14,450
YOUR CONTRIBUTIONS MAKE A DIFFERENCE

Our community supporters, team of passionate volunteers, ambassadors and donors make our life-saving work possible.

Consider donating to our mission, which aims to connect, support, empower, and educate all those affected by ICP.

Scan the QR code or go to https://icpcare.org

ICP Care PO Box 12896 Miami, FL. 33101 icpcare.org